

### The Duke of Edinburgh's Award

Every year approximately 100 students across Years 9 -12 undertake either a Bronze, Silver or Gold Award. Students commit to regular extracurricular activities of learning a skill, improving their physical wellbeing, volunteering in their community and undertaking a team adventure to earn an Award.

# Year 11 Snowy Mountains Hike

A 30+ year College tradition where Year 11 students and sta hike 100km over 5 days through the Kosciusko National Park.

In this challenging hike students gain experience in remote wilderness alpine camping and test themselves as they prepare for the HSC.

#### **Kokoda Track Expedition**

Occurs biannually and is open to Year 9, 10 and 11 students and their families.

This physically demanding undertaking is also an opportunity for education and growth through experiencing some of the conditions faced by soldiers in the Second World War.

#### **Outdoor Education Group**

Focuses on developing the skills necessary to operate in remote locations. Includes map reading and navigation, hiking, planning, risk mitigation, meal preparation and general bush craft.

Participation is a pre requisite for students undertaking the Duke of Edinburgh's Award

Weekly meetings open to students from Years 9-12

## Other programs

In the spirit of building resilience and developing strategies for helping young people achieve their best possible mental health, the College also o ers programs including weekly Boxercise, paddle boarding, indoor rock-climbing and short hikes.



